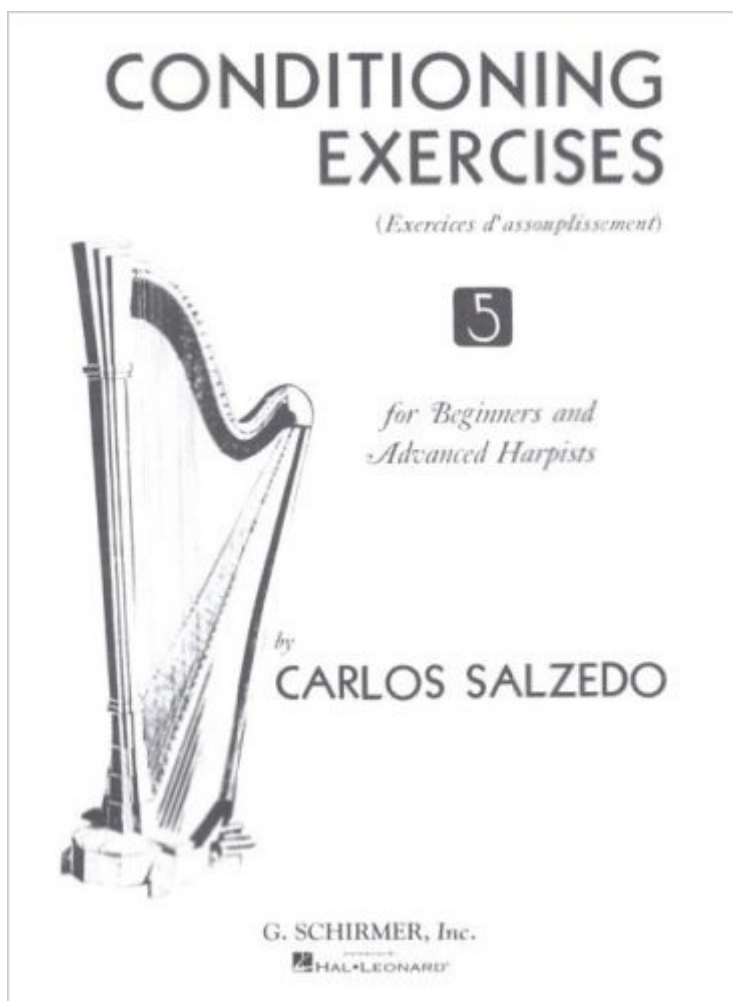


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# Conditioning Exercises For Beginners And Advanced Harpists: Harp Method (Harp Solo)



## Synopsis

Book by

## Book Information

Paperback: 12 pages

Publisher: G. Schirmer, Inc. (November 1, 1986)

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (14 customer reviews)

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## Customer Reviews

This is a very small book of exercises, and can be useful for the beginner, but as the frontpiece tells us, it was intended to be a thorough warm up for gig-ing professionals, and it packs a punch. Some of these stretches are very tough, and while they are difficult, it is clear why they are useful and necessary in warm-ups. Salzedo thought these out very carefully, and while one piece focuses on pre-placement, the next focuses on separate placement, etc., so it truly is a full work-out. (And I do mean work-out... these are not exercises for wimps, but for someone who wants to be serious and who will be rigorous on yourself on the specifics of each warm up.) I am so impressed with this, and do intend to work on it regularly so that I can memorize it and then just "take it with me on the road". Excellent and well worth the small cost. (My only exception... I understand Salzedo had a large hand. I have a large reach and still find some placements a challenge. If you are a harpist with a very small hand some of these may simply be -literally - out of your reach.)

My teacher told me to buy these exercises, now I understand why. Within a few minutes my fingers could "feel the burn"! Quite a work out! But better yet, I can already see my finger position improving. Only practice will make you better, but these exercises when played diligently will certainly help to whip your technique into shape and strengthen your fingers!

Very good especially if you need to strengthen the 4th finger. However, not good for beginners. I planned to use this for my 16 year old student that was just beginning on the harp, but there's no way that she could have done them. Better for intermediate to advanced stage. I found it helpful just for day to day practice though.

I have started playing the harp less than 2 months ago. I was hoping that it would have more exercises for beginners. I am now able to use some of the exercises. If you are looking for a beginner's book, I wouldn't recommend this one. It seems like it has a lot to offer, though.

A book I may never be able to use. It may take me five years before I can use this. I did not know it was a book that I couldn't use until I learned to read music. If someone can read scores, this is for you.

This is a great conditioning exercise book. It seems to be that it used to be more expensive than it is now. Happy I was able to find a replacement I wore out years ago

I purchased this so I could teach myself to play the harp. In my opinion this would be best for someone who already knows music pretty well or plays an instrument.

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